



9U (2010s) & 10U (2009s) Academy Program Flyer – FALL 2018

The following serves as a guide for the 9U and 10U Academy program for the fall 2018 season.

Please note that schedules and events are subject to change.

VSA Academy Program Leadership			
Technical Director	Chris McGill	515-419-5112	Chris.mcgill@visionsocceracademy.com
Youth Development Director	Ginger Parson-McGill	515-419-9836	Ginger.parson-mcgill@visionsocceracademy.com
Academy Director	Michael Miller	515-953-9523	academydirector@visionsocceracademy.com
VSA Head Staff Coaching Assignments / Contact Information			
9U Boys	Michael Miller	515-953-9523	academydirector@visionsocceracademy.com
9U Girls	Alyx Henry	775-342-5901	mrsalyxhenry@gmail.com
10U Boys	Mike Frantzen	630-453-1889	mfrantze@yahoo.com
10U Girls	Jordan McMahon	214-404-1428	jordanbishop05@gmail.com

Academy Philosophy and Team Formation

- An age group player development philosophy that places the emphasis on individual technical and tactical development. Program focuses on establishing an appropriate training environment to allow players to develop to their full potential and prepare them for the next level of soccer experience. **(Learn to train)**
- Training is conducted by licensed professionals and assisted by parent-volunteer coaches (minimum of an E license/7v7 Grassroots Course) who follow a structured training curriculum. The program is geared towards further developing the individual player rather than developing / creating all-star teams.
- Per Academy rules, balanced teams are formed to play in the ISL Academy league and festivals (We will not form 'A' or 'B' teams), rosters will change at least 50% season to season, and coaches will do their best to give players 50% playing time.

Training Sessions

Training begins: Tuesday, August 14th

All training sessions will be held at the VSA Timberline Soccer Complex [2655 SE LA Grant Pkwy, Waukee, IA 50263](#) – **unless otherwise communicated.**

Academy Training Schedule					
TUESDAY			FRIDAY		
9U Boys	5:30PM – 6:45PM	Field: 5D	9U Boys	5:30PM – 6:45PM	Field: 2
9U Girls	5:30PM – 6:45PM	Field: 5B	9U Girls	5:30PM – 6:45PM	Field: 5B
10U Boys	6:45PM – 8:00PM	Field: 5D	10U Boys	5:30PM – 6:45PM	Field: 1
10U Girls	6:45PM – 8:00PM	Field: 5B	10U Girls	5:30PM – 6:45PM	Field: 5D

Goal Keeper Sessions

Players with a **strong interest** in the goalkeeper position should attend the small-group GK sessions

- Led by Academy GK Coach – Austin Boyke
- 4 sessions per group - Tuesdays
 - **Boys:** ~~8/28~~, 9/11, 9/25, 10/9, **10/23**
 - **Girls:** 9/4, 9/18, 10/2, 10/16
- **10U:** 6:00PM – 6:40PM
- **9U:** 6:50PM – 7:30PM
- **Location:** Timberline Soccer Complex (meet at shelter)



Games & Festivals – schedules will be communicated once available:

- **6-7 ISL Academy League Games**
 - September 8th – 9th opening weekend
 - October 27th – 28th last schedule games
 - November 3rd – 4th possible reschedule weekend
 - **No games Labor Day Weekend**
- **Academy Festival**
 - October 6th – 7th @ Cownie Soccer Park (Des Moines, IA)
 - Format - 2 games SAT / 2 games SUN (both boys and girls same weekend)
 - Participation is expected by all players – entry fee included with season registration
- **OPTIONAL** End of season event – November 3rd – 4th (Girls) November 10th – 11th (Boys)
 - **Aldi Heartland Invitational Tournament (HIT), Overland Park, KS**
 - Survey will be distributed to collect commitments, determine number of teams to register
 1. Complete Survey (communicate commitment) – **by September 16th**
 2. Register on VSA site (pay event fee) (approx. \$90)
 3. Complete hotel reservation **by October 1st** (info & link will be provided) (approx. \$130/night – 2 nights)
 4. Complete medical waiver and turn in /send to Academy Director (Michael)

Fall 2018 Calendar Highlights

- August 14: Training starts
- August 31: No training – Labor Day Weekend
- September 8-9: ISL Academy League opens
- October 6-7: Academy Festival @ Cownie Soccer Park (Boys & Girls)
- October 27-28: Last ISL Academy League games
- November 3-4: Last weekend for reschedules
- November 1(Thursday): Last training session for GIRLS
- November 8(Thursday): Last training session for BOYS
- November 3-4: **Girls Optional** end of season event – Aldi Heartland Invitational Tournament (HIT)
- November 10-11: **Boys Optional** end of season event – Aldi Heartland Invitational Tournament (HIT)

Communications

- Training cancellations–No Make-Ups // notifications via [Rained-Out](#) text/email (sign-up on VSA website)
- Add TEAMNEWS@BLUESOMBRERO.COM and CLUBNEWS@BLUESOMBRERO.COM to your safe senders list
- The Head Staff Coach is the primary contact for specific questions or concerns related to your age/gender group.

Other Resources/Tools:

- [VSA Academy Season Detail page](#): **VSA Academy program information**, links to google maps to event sites.
- [Team Central](#): accessed via VSA website - Group specific information, discussions, documents
- [Tourney Machine](#): Game and Festival schedules maintained by Iowa Soccer Association
- [VSA Players Page](#) – 90 Minute Challenge, Positional videos

Additional Programming for Fall

- **Academy Early Out Small Sided Play**
 - Early out Wednesdays, supervised small sided (4v4) play at VSA Timberline Complex.
 - 9/5, 9/19, 10/3, 10/17, 10/31
 - 3:30PM - 4:30PM
 - Registration open until August 31st (\$20)